



Please send this form to:

Helfo
Postboks 2415
3104 Tønsberg

Assigning a General Practitioner for asylum seeker living privately

Please attach a copy of a valid card for asylum seeker.
For more information about the General Practitioner (GP) scheme, please see helsenorge.no or call Guidance Helsenorge at 23 32 70 00.

1. Information regarding the asylum seeker

First name, surname	Social security number/d-number (11 digits)
Postal adress*	Postcode/place
Phone number	

*Is this your adress? If not, write the name of the owner of the adress in the C/O field.

C/O*

2. Choice of GP

	General Practitioner	Municipality/district
1 st option		
2 nd option		
3 rd option		

If none of the above options have room on their lists, or no GP is selected, Helfo will assign a GP in your surrounding area, unless otherwise agreed.

Requesting a:

Female GP

Male GP

I have attached a copy of my valid card for asylum seeker.

3. Signature

Date	Signature
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